



Endoscopy | Colonoscopy

Pre-Procedure Reminders

Piedmont Healthcare Endoscopy
208 Old Mocksville Rd, Statesville, NC 28625

Dr. Trivedi | Dr. Rau | Dr. Gangireddy

Patient Name: _____ Date of Birth: _____ MRN: _____

Procedure Date: _____ Appointment time: _____ Arrival time: _____

STOP prior to the procedure:

- Plavix, Aggrenox, Brilinta, Effient, Persantine, Cilostazol- **stop 7 days in advance**
- Coumadin – **stop 4 days in advance**
- Eliquis, Xarelto, Pradaxa – **stop 3 days in advance**
Take 81mg of Aspirin on the days you are not taking your blood thinner
- Lovenox – **do not take 12 hours before your procedure**
- Heparin – **do not take 6 hours before your procedure**
- Phentermine – **stop 7 days in advance**
- Ozempic, Wegovy, Trulicity, Mounjaro, Bydureon, Zepbound, Semaglutide, Rybelsus, Victoza, Saxenda, Soliqua, Adlyxin, Byetta, Wegovy Pill, Tirzepatide – **stop 7 days in advance**

The ONLY medications you can take the morning of your procedure:

- Heart medicine
- Blood pressure medicine **with a sip of water 2 hours prior to your procedure**
- Seizure medicine
- Aspirin 81mg

*** If you start any new medications, contact us immediately. You may have to reschedule your procedure**

Hold your vitamins/supplements/diabetic medication & all other daily medications, until after your procedure**

****NO tobacco/nicotine products, candy or gum the morning of your procedure****

If you need to reschedule or cancel your procedure, we ask that you call within 48 hrs., so we can offer the time to another patient **(704) 978-1144, opt #7**. Cancellations without a 48-hour notification may incur a charge. Please make every effort to keep this appointment (rescheduling would be for the next available and may be several weeks/months out).

By signing below, I acknowledge that I have reviewed and understand information provided on this page as well as the separate instructions provided to you for your procedure prep. Your driver must stay on site the entire time. If they leave the premises, you will not have your procedure.

Signature: _____

today's date: _____



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*****please note, you must be flexible & prepared to arrive at an earlier time than originally scheduled, if you decline your procedure may be canceled.***

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- » Schedule changes do occur. **Please keep your morning open and be able to arrive earlier if needed.**
 - » Wear comfortable clothing. A gown will be provided for you to change into for the procedure.
 - » Leave all valuables and jewelry at home. Piercings will need to be removed.
 - » **NO** tobacco/nicotine products, candy or gum the morning of your procedure
 - » We are a Tobacco Free Facility: No smoking on the property for the patient, driver, or anyone else in attendance.
 - » Appointment will last 3-4 hours. This time includes wait time, procedure, and recovery.
 - » One person must come and stay inside the building throughout the procedure. The driver cannot leave.
 - » It is suggested not to bring children to your appointment.
 - » Driver must have a valid driver's license (not a driver's permit). If using public transportation, an adult must stay with the patient the entire time and ride home with the patient.
 - » Signs are posted "No Food or Drink"; however, your driver may bring drinks and snacks. Food and drinks are NOT available for purchase at the office.
 - » Wi-Fi access is available. Cell phones are not allowed in patient care areas but may be used in the waiting room.
 - » Limited workspace is available (no tables, outlets, etc.).
 - » Bring your electronics charged (phone, tablet, smart device, etc.).
 - » You MUST register online prior to your procedure; registration must be completed prior to your arrival. You will receive a link in your email and/or to your cell phone to register online. This registration will take 10-20 minutes to complete. You will know that you have successfully completed registration when you receive the message that says for you and your driver to see the receptionist upon arrival. If you need any help filling out the Pre-Visit or do not receive the link at least one day before your appointment, please call 704-838-8429. For any other prep questions please call the physician's office.
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Patient Signature & date

Clinical Staff Signature & date

Updated 11/06/2025