



Iredell Hospital Endoscopy
557 Brookdale Dr, Statesville, NC 28677

Dr. Trivedi | Dr. Rau | Dr. Gangireddy

Patient Name: _____ Date of Birth: _____ MRN: _____

Procedure Date: _____ Appointment time: _____ Arrival time: _____

STOP prior to the procedure:

- Plavix, Aggrenox, Brilinta, Effient, Persantine, Cilostazol- **stop 7 days prior**
- Coumadin – **stop 4 days prior**
- Eliquis, Xarelto, Pradaxa – **stop 3 days prior**
Take 81mg of Aspirin on the days you are not taking your blood thinner
- Lovenox – **do not take 12 hours before your procedure**
- Heparin – **do not take 6 hours before your procedure**
- Phentermine – **stop 7 days prior**
- Ozempic, Wegovy, Trulicity, Mounjaro, Bydureon, Zepbound, Semaglutide, Rybelsus, Victoza, Saxenda, Soliqua, Adlyxin, Byetta, Wegovy Pill, Tirzepetide - **stop 7 days prior**

The ONLY medications you can take the morning of your procedure:

- Heart medicine
- Blood pressure medicine
- Seizure medicine
- Aspirin 81mg **with a sip of water 2 hours prior to your procedure**

*** If you start any new medications, contact us immediately. You may have to reschedule your procedure**

Hold your vitamins/supplements/diabetic medication & all other daily medications, until after your procedure**

****NO tobacco/nicotine products, candy or gum the morning of your procedure****

If you need to reschedule or cancel your procedure, we ask that you call within 48 hrs., so we can offer the time to another patient **(704) 978-1144, opt #7**. Cancellations without a 48-hour notification may incur a charge. Please make every effort to keep this appointment (rescheduling would be for the next available and may be several weeks/months out).

By signing below, I acknowledge that I have reviewed and understand information provided on this page as well as the separate instructions provided to you for your procedure prep. Your driver must stay on site the entire time. If they leave the premises, you will not have your procedure.

Signature: _____

today's date: _____



Endoscopy | Colonoscopy

Pre-Procedure Reminders

Iredell Hospital Endoscopy
557 Brookdale Dr, Statesville, NC 28677

Dr. Trivedi | Dr. Rau | Dr. Gangireddy

***please note, you must be flexible & prepared to arrive at an earlier time than originally scheduled, if you decline your procedure may be canceled.*

CONTINUE ON BACK » »

CLEAR LIQUID DIET

WARNING: *This diet is inadequate in all essential nutrients and is recommended ONLY if clear liquids are temporarily needed.*

You **CANNOT** consume anything that is RED, BLUE, PURPLE OR ANYTHING THAT CONTAINS MILK

You may have:

- ⇒ Tea (decaffeinated or regular)
- ⇒ Coffee (black only: **NO** cream or milk)
- ⇒ Beverages (Coke/Sprite/Ginger Ale/Gatorade/etc) **NO CHEERWINE**
- ⇒ Jell-O without fruit (**NO** red, blue or purple)
- ⇒ Popsicles (**NO** red, blue or purple)
- ⇒ Clear Broth: chicken, beef, or vegetable
- ⇒ Fruit juices (**NO PULP**): apple, white grape juice or lemonade
- ⇒ You may also have sugar, honey, syrup, clear hard candy and salt



Endoscopy | Colonoscopy

Pre-Procedure Reminders

Iredell Hospital Endoscopy
557 Brookdale Dr, Statesville, NC 28677

Dr. Trivedi | Dr. Rau | Dr. Gangireddy

Updated 12/08/2025