

## SUTAB

**BETWEEN 5-7 PM ON THE EVENING PRIOR TO YOUR PROCEDURE, START YOUR BOWEL PREP**

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- ☐ **Step 1:** Open 1 bottle of 12 tablets
- ☐ **Step 2:** Fill the provided container with 16 oz of water (fill up to the line)
- ☐ **Step 3:** Take each tablet 4-5 minutes apart with plenty of water.
- ☐ **Step 4:** 1 hour after completing the tablets and water, fill the provided container again with 16 ounces of water (up to the line) and drink the entire amount over 30 minutes.
- ☐ **Step 5:** 30 minutes after finishing the 2nd container of water, fill the provided container again with 16 ounces of water (up to the line) and drink the entire amount over 30 minutes.
- ☐ **Step 6:** At MIDNIGHT, using the 2nd bottle of tablets, REPEAT steps 1-5.
- ☐ **Step 7: DO NOT EAT OR DRINK ANYTHING FURTHER UNTIL AFTER YOUR PROCEDURE.**

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PLEASE CONTACT US WITH ANY QUESTIONS OR CONCERNS