

## SUPREP

### START YOUR BOWEL PREP AT 5 PM

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- ☐ **Step 1:** Pour ONE 6- oz bottle of SUPREP liquid into the mixing container. Add COOL water to the 16 oz line and mix.
- ☐ **Step 2:** Drink ALL of the liquid in the container, followed by 2 more 16 oz glasses of water over the next hour.
- ☐ **Step 3:** You may continue to drink clear liquids until bedtime.

### AT MIDNIGHT, REPEAT BELOW INSTRUCTIONS

- ☐ **Step 1:** Pour second 6- oz bottle of SUPREP liquid into the mixing container. Add COOL water to the 16 oz line and mix.
- ☐ **Step 2:** Drink ALL of the liquid in the container, followed by 2 more 16 oz glasses of water over the next hour.
- ☐ **Step 3: YOU MAY CONTINUE DRINKING CLEAR LIQUIDS UP TO THREE (3) HOURS BEFORE YOUR PROCEDURE.**

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PLEASE CONTACT US WITH ANY QUESTIONS OR CONCERNS