

SUFLAVE

BEGIN YOUR BOWEL PREP BETWEEN 3PM - 5PM ON THE EVENING PRIOR TO YOUR PROCEDURE

- ☐ **Step 1:** (Optional) Open 1 flavor enhancing packet and pout the contents into 1 bottle
- ☐ **Step 2:** Fill the provided bottle with lukewarm water up and fill line. After capping the bottle, gently shake the bottle until all powder has mixed well (dissolved).
- ☐ **Step 3:** Drink 8 ounces of the solution every 15 minutes until the bottle is empty
- ☐ **Step 4:** Drink an additional 16 ounces of water throughout the evening
- ☐ **Step 5:** At midnight (12am), repeat Step 1 to Step 3
- ☐ **Step 6:** Drink an additional 16 ounces before 4am
- ☐ **Step 7: DO NOT DRINK ANYTHING FURTHER UNTIL AFTER YOUR PROCEDURE**

PLEASE CONTACT US WITH ANY QUESTIONS OR CONCERNS