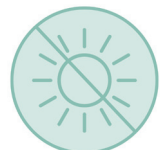


SYLFIRM X AFTERCARE

POST TREATMENT CARE

- A certain degree of discomfort, redness, and/or irritation during and after treatment is expected.
If any discomfort or irritation persists more than 24-hours, please call our office.
- Tiny scabs (of less than 1 mm in diameter) may form 24-72 hours post treatment and may remain for several days. The scabs should not be touched or scratched (even if they itch) and should be allowed to shed naturally.
- During the first two (2) days following treatment, care should be taken to prevent trauma to the treated site: avoid hot baths, massage, irritating skin care products or exfoliants, etc. The skin should be kept clean to avoid contamination or infection; any mechanical or thermal damage to the area must be avoided.
- It is important to keep your skin moisturized after the treatment.
- You may have mild swelling for 1-3 days after your treatment. Patients may apply an ice pack (NOT direct ice) to the irritated area for 1-2 days in approximately 15-minute sessions 3-4 times per day.
- Redness for 1-3 days is common. After 12-hours post procedure, the patient may apply a hydrocortisone cream 3-4 times per day to reduce redness.
- Makeup can be applied 72 hours after treatment.
- Avoid prolonged sun exposure or use of a tanning bed for at least two weeks after the treatment, as the skin that was treated will be more sensitive to the sun after your Sublative treatment.
- Use a minimum of SPF 30 daily to protect your skin 72 hours after your treatment. We recommend EA sunscreens with zinc oxide/titanium dioxide.



SKIN CARE KIT POST TREATMENT

- Provided to you are products we recommend to use for your daily skin care routine. These products are the products recommended to be used for the first 3 days.

PLEASE CONTACT US WITH ANY QUESTIONS OR CONCERNS