

HAIR REDUCTION WITH BBL/1064 ND YAG

Treatments are 5 treatments every 4-8 weeks. 70 % Hair reduction is the common outcome from laser hair reduction. This is permanent hair reduction; however hormone changes and medications can stimulate hair growth. You may require maintenance treatments.

BEFORE TREATMENT:

Firstly, before you undergo laser treatment, you must not expose the treated area to the sun or a sun bed. A sunscreen of SPF 30, or preferably a total sun block of SPF 50, should be applied whenever exposure to the sun is unavoidable.

- Hair must be dark in color. Grey, white, blonde and red are not treatable with laser
- CAN NOT BE PREGNANT OR NURSING
- NO TATTOO'S IN TREATMENT AREA

IF TREATMENT AREA ON FACE:

Patients need to stop all Retin A/ Retinol type products, Differin (Adapalene) or Tazorac for at least 2-3 days. This does include topical acne medications with AHA, BHA or Benzoyl Peroxide

We do ask that you arrive to your appt without makeup on.

You must avoid plucking, waxing or bleaching the hair for 4-6 weeks prior to treatment. Preserving the root and the pigment of the hair is imperative for the success of the laser treatment. It is important to shave the area to be treated at least 1-2 days prior to your appointment.

It is not recommended to shave the day of to avoid any irritation in the area. Doing this will prevent thermal injury to the surface of the skin allowing the laser to go directly to the hair follicle. It will also let the skin heal in case the surface is cut while shaving.

DURING LASER HAIR REMOVAL

During the procedure certain safety considerations are important. The patient and any other person in the laser room needs protective eyewear to prevent the risk of damage to the retina. A jet of chilled air is used with the laser to minimize epidermal damage and increase patient comfort.

AFTER TREATMENT:

Immediately following treatment, the area may show erythema (redness and some swelling) around the follicles which looks similar to large goose bumps. If Hair Reduction done on face, ok to apply makeup after treatment. Around 2 or 3 weeks after a laser hair removal treatment 10 to 20% of the treated hairs will fall out. During the healing phase, the area must be treated delicately. Do not rub or scratch. If a crust develops let it fall off on its own. Apply a thin layer of aloe vera ointment to the treated area as needed. Do not shave the area if it is swollen or crusting.

PLEASE CONTACT US WITH ANY QUESTIONS OR CONCERNS