

BOTOX AND DYSPORT

AFTERCARE

We are pleased that you have chosen Mooresville Dermatology Center for your treatment. We encourage you to call the number listed bellow with any questions regarding your treatment. Please refer to the following aftercare instructions to optimize your outcome.

AFTERCARE INSTRUCTIONS:

- Refrain from lying flat for 4 hours post treatment.
- Refrain from any form of exercise for 12 hours post treatment.
- Avoid applying ice to treated areas following treatment.
- It is recommended to not reapply makeup for 4 hours post treatment. However, should you choose to apply makeup, use a brush and not a makeup pad to gently apply any products.
- Although neuromodulators are not known to cause headaches post treatment, the pressure from the injections could potentially bring on a tension headache. We recommend taking Extra Strength Tylenol (unless medically contraindicated) immediately pre or post treatment.
- Avoid Ibuprofen, Motrin, Aspirin, Excedrin, Vit E, Fish Oil, Flax Seed Oil, and Omega 3 Fatty Acids for 24 hours post injection.
- To avoid irritation, do not apply any retinol or Retin-A products the evening following your injection. Normal skin care routine may be resumed the following morning.
- A “heavy” feeling and looking brow may occur after having the forehead injected. This will soften in 2 weeks. We ask that you wait a full 2 weeks to see optimal results. At 2 weeks if you feel there may be a need for an additional treatment please call the office to schedule an appointment.

PLEASE CONTACT US WITH ANY QUESTIONS OR CONCERNS