Choosing Home Dialysis



If you are thinking home dialysis is right for you, you have choices. You can choose from home hemodialysis and peritoneal dialysis. Ask your nephrologist to discuss what treatment option works best for you!

HOME HEMODIALYSIS

- Less stress on the heart
- Fewer medications
- Fewer fluid & dietary restrictions
- Improved post-dialysis recovery time
- Ability to work & go to school
- Ability to travel
- Improved 5-year survival
- More energy & vitality
- Increased likelihood to be on the kidney transplant list
- Improved sleep quality



PERITONEAL DIALYSIS

- Better preservation of residual renal function
- Increased early (2 year) survival
- Increased control
- · Ability to travel
- More likely to receive a transplant
- Greater quality of life
- Schedule flexibility

