



Iredell Council on Aging

STATESVILLE OFFICE: 704-873-5171

MOORESVILLE OFFICE: 704-663-5112

The Iredell Council on Aging is a private, not-for-profit agency devoted to improving the quality of life and maintaining independent living for Iredell's older adults, **60 and older**. There is no set fee for services, but clients are encouraged to contribute based on their income.

Services Offered

In-Home Services

- Personal Care
 - CNA or Personal Care Aides
- Chore Services
 - Provided up to 1x week for 2 hours

Transportation

- Must complete a registration form.
- Transportation is available to medical appointments, human service agencies, hair appointments, shopping, and the nutrition sites.
- To schedule a trip, call: 704-873-5171 between 9:00am – 5:00 pm Monday – Friday.
- Trips must be scheduled 48 hours in advance.

Senior Nutrition Program

- Congregate Meals
 - Program hours are 9:30 am – 12:30 pm for fellowship and activities.
 - Hot meals served at group sites at 11:00 am.
 - **Congregate (Group) Site Locations**
 - Central United Methodist Church
 - 214 Academy Street Mooresville, NC
 - 704-664-4915
 - Harmony United Methodist Church
 - 136 W. Memorial Hwy Harmony, NC
 - 704-546-7006
 - Summit Village Community Center
 - 1353 Pearl Street Statesville, NC
 - 704-761-4741
 - Troutman Baptist Church
 - 305 Perry Rd Troutman, NC
 - 704-677-2386

- Home Delivered Meals
 - Meals are available in Mooresville, Statesville, and Harmony within the serving area.
 - Clients must be homebound because of a physical or mental condition except for medical appointments. They must live alone or not have anyone in the home who is willing or able to prepare meals.
 - Volunteers deliver meals Monday – Friday.

Family Caregiver Support Program

- What is a caregiver? Anyone can be a caregiver of an older or disabled adult who is 60 years old or older: daughters, sons, nieces, nephews, spouses, same sex partners, close friends, & neighbors. A grandparent or relative that is at least 55 years of age and caring for a young child or an adult with a developmental disability. A person caring for an individual of any with Alzheimer's or related dementia.
- Services available:
 - Information and referral services
 - Assistance in connecting you with the available supportive services
 - Options or benefits for counseling/support
 - Education and training
 - Respite care in the form of in-home assistance, adult daycare, or group respite to provide caregivers with relief.
 - Supplemental services such as incontinence supplies, nutrition supplies, minor home modifications, and assistive devices.
- Support Group
 - The second and fourth Wednesday of each month from 2:00pm – 4:00pm.
 - Meetings are held at South Iredell Senior Center
 - Gives help and support to caregivers that care for someone with a chronic illness.

Senior Community Service Employment Program

- Participants earn a stipend while training at a community service agency. Participants earn a stipend for working 20-25 hours weekly and the program pays for training. Participants are required to attend quarterly Job Club meetings and receive one-on-one assistance with developing goals, an individual employment plan, resume, interview skills, and contacts with prospective employers.
- Requirements
 - 55 years or older
 - Be unemployed & need further training to perform jobs available in the area
 - Meet family income requirements (Not to exceed 125% of Federal Poverty Guidelines)
 - Be a resident of Iredell County
 - Authorized to work in the US
 - Provide acceptable source documents to prove age, income for the last 6 or 12 months (including family size), residency, and employment authorization.

The Senior's Health Insurance Information Program

- The SHIIP counselors offer free and unbiased information regarding Medicare health care products. We also help people recognize and prevent Medicare billing errors and possible fraud and abuse through the NC Senior Medicare Patrol Program.